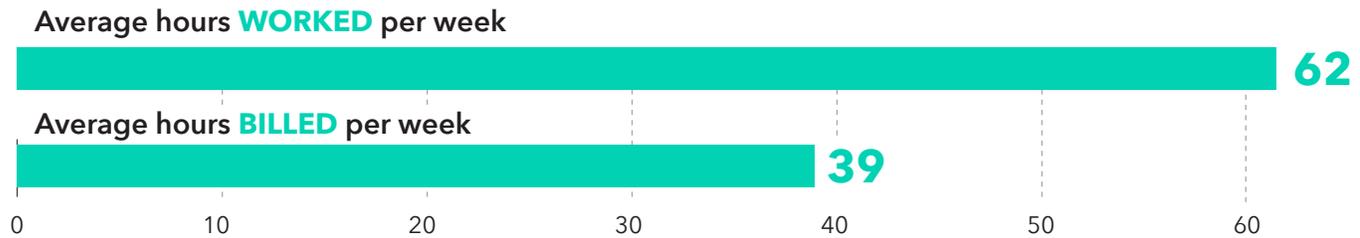


Bloomberg Law’s Attorney Workload and Hours Survey asked 664 lawyers about the first half of 2022. We asked how much they worked, how much of that work they billed, how satisfied they are with their jobs, and how they are doing in terms of their personal well-being.

**73%** of the attorneys surveyed in this report use billable hours.

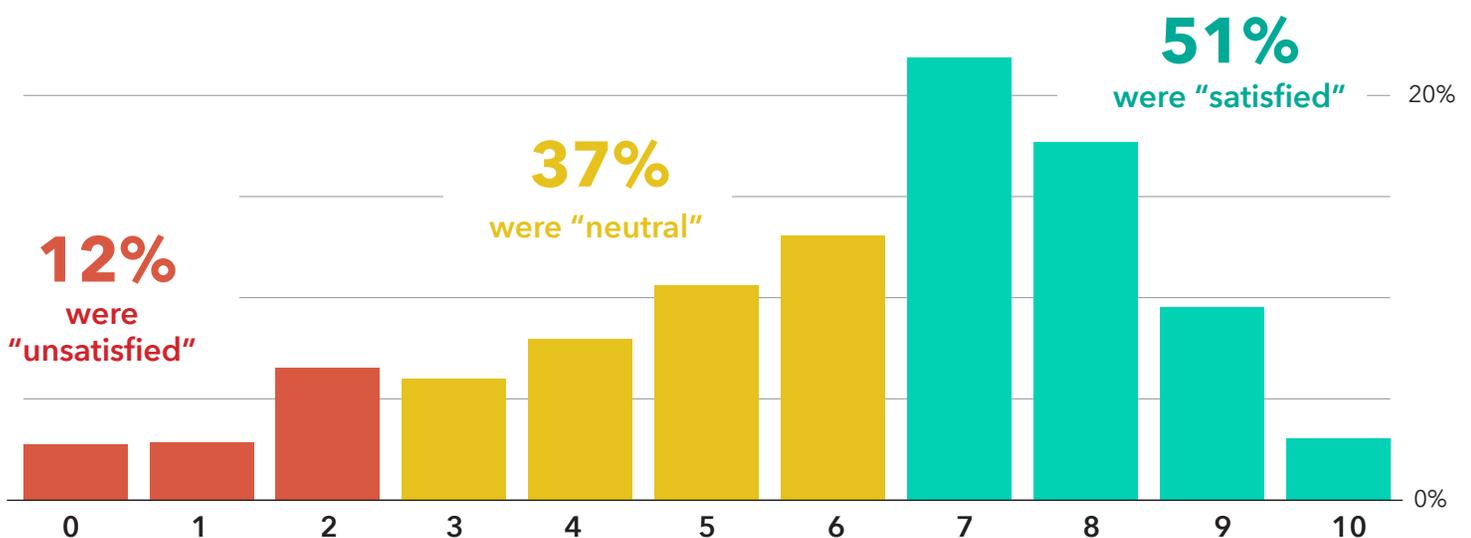
Roughly how many **HOURS DID YOU WORK** each week in the first two quarters of 2022? In that same time period, how many **HOURS DID YOU BILL** each week?



## JOB SATISFACTION

Respondents rated their job satisfaction over the first half of the year on a scale from zero to ten. **51% of lawyers said they were satisfied** in their jobs, 7% higher than in Q4 of last year.

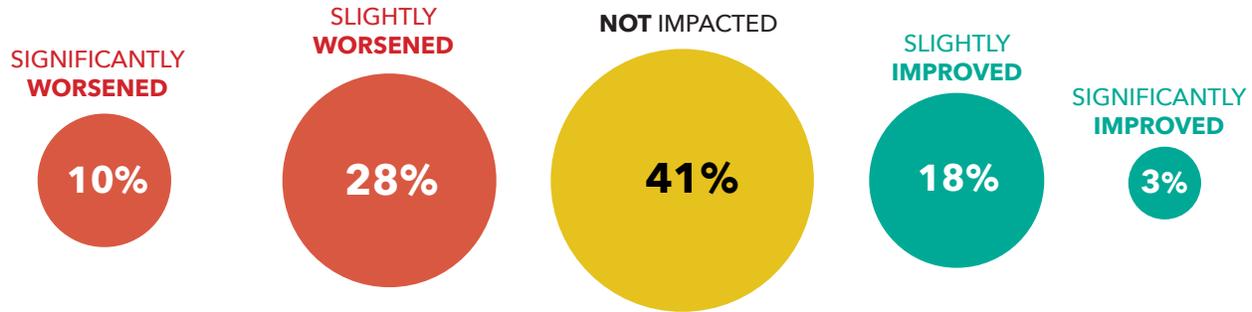
How would you rate your job satisfaction over the **FIRST HALF of 2022?**



DEMOGRAPHICS: Of the 644 attorneys who responded to this survey, 503 (76%) work for a law firm, and 146 (22%) work for an in-house legal department. The remaining 2% work for not-for-profits, academia, and sole practitioners’ offices. They have an average of 22 years in practice, and represent organizations ranging in size from 1 to more than 500 attorneys – with a majority from offices of at least 100 people.

METHODOLOGY: Bloomberg Law fielded this survey anonymously online in August of 2022.

How has your overall **WELL-BEING CHANGED** over the first half?

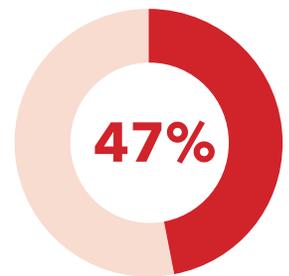


**4** Average **DAYS IN H1** taken off to **RELAX AND RECHARGE**  
**HOURS PER WEEK** most respondents spend on **SELF CARE** **7**

Which of the following **PERSONAL CHALLENGES** did you face in H1 of this year?

Inability to "disconnect" from work	65%
Heavier workload or professional responsibilities	59
Trouble focusing on work tasks	45
Feelings of inadequacy/Imposter syndrome	32
New or increased health issues	24
New or increased personal responsibilities (e.g. childcare)	22
Loss of income (actual or feared)	13
Not enough work available	12
Loss of employment (actual or feared)	9
I have not experienced any challenges	7

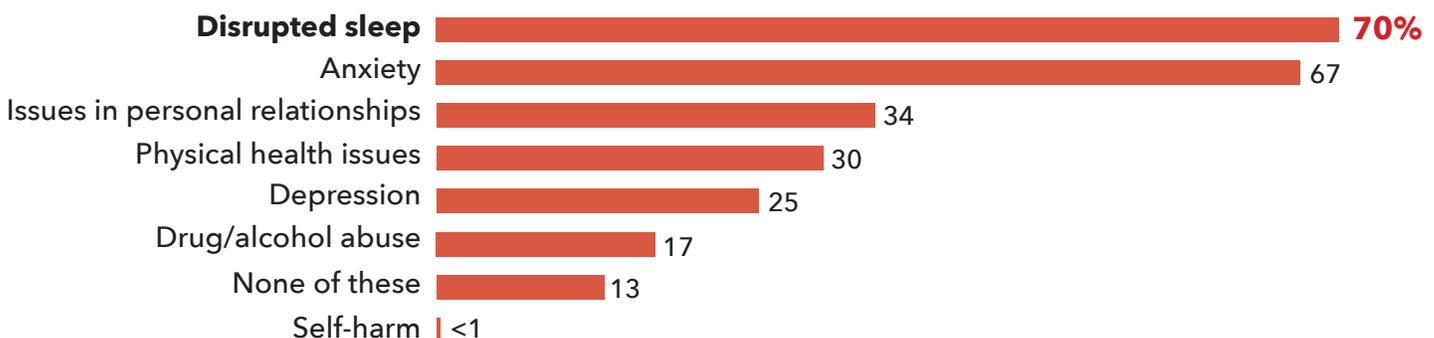
What percent of the time did you experience **BURNOUT** over the past 6 months?



Of the various weekly **SELF-CARE PRACTICES** we asked respondents about, most of them (66%) regularly engage in **EXERCISE**.

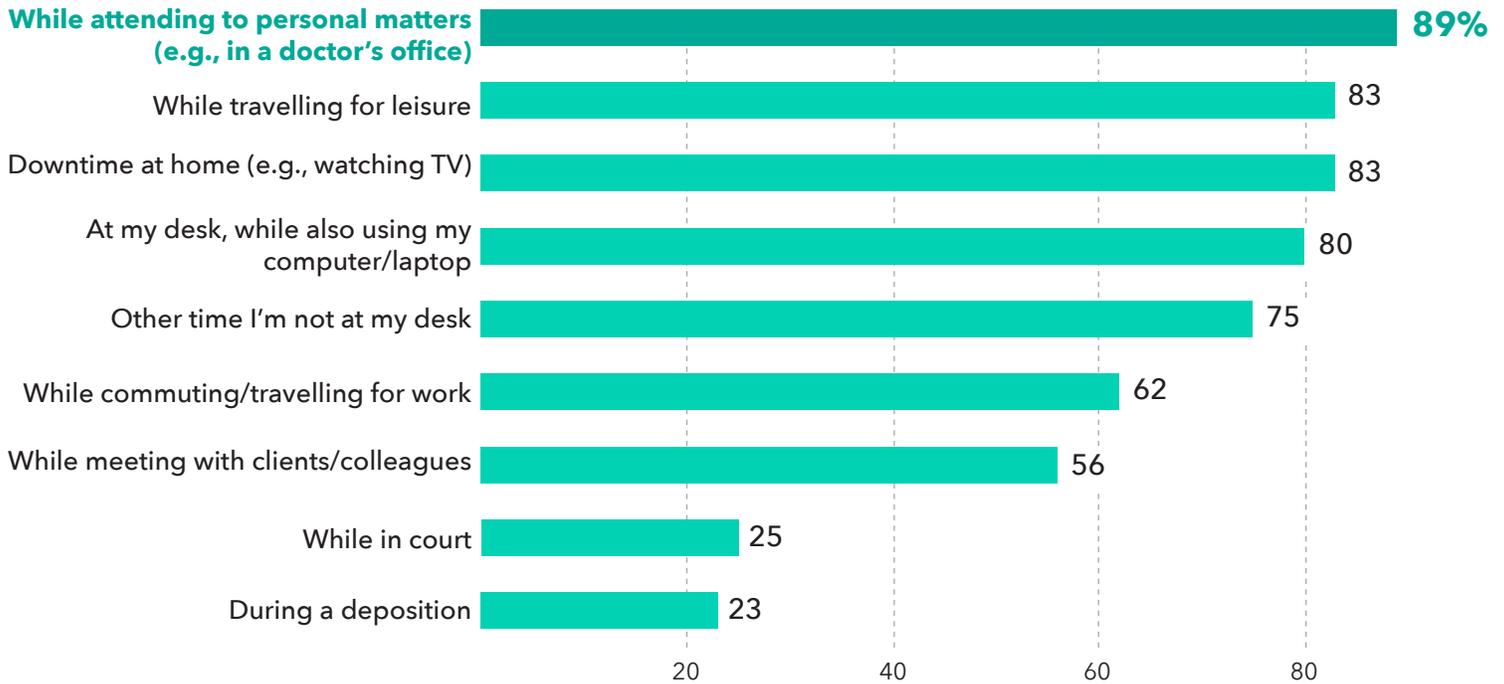


Which of the following **WORK-RELATED ISSUES** have you experienced in H1 of this year?



**Seventy percent of attorneys** use a mobile device in the course of their work (for tasks beyond calling and checking email). Almost 90% use them for work while running personal errands. Most respondents don't use their mobile devices for legal research more because they accomplish the task on their computers instead – though 8 out of 10 attorneys tend to use both devices at the same time.

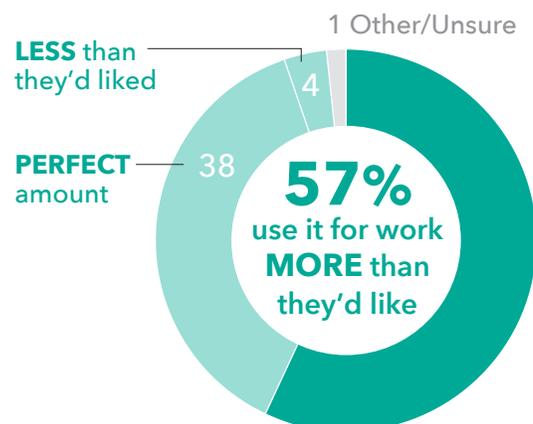
## In which scenarios do you currently use a **MOBILE DEVICE FOR YOUR WORK?**



## WHAT PREVENTS YOU from using your mobile device for legal research?

Barrier	Percentage
<b>My laptop/PC is always accessible whenever I need to work</b>	<b>70%</b>
Platforms are difficult to use	33
I don't like to blur the line between personal and professional	22
Other	22
Not aware of any legal research apps	18
Security concerns	14
I've haven't liked legal research apps I've tried	3

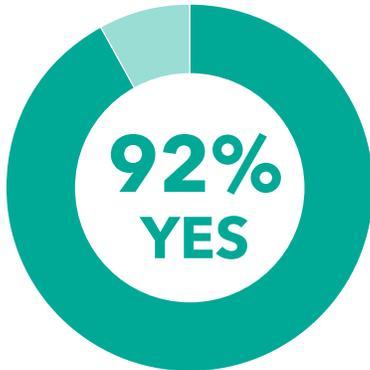
## How much do you use your mobile device for work-related purposes, compared to your **IDEAL LEVEL** of usage?



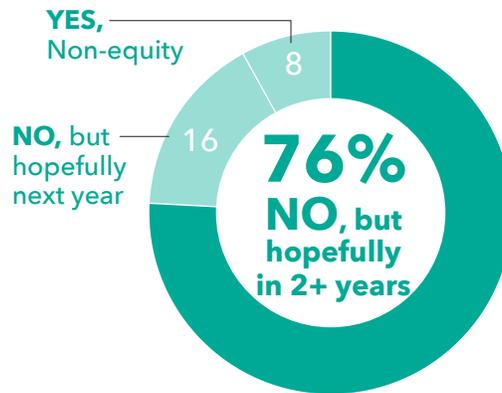
The average number of years of full-time work to make partner

7

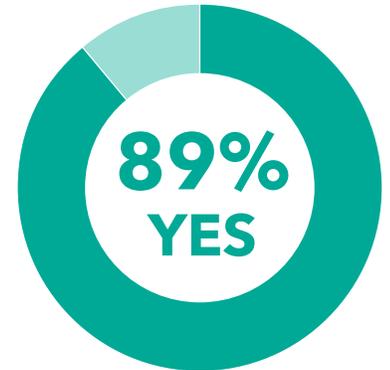
Did you make partner the **FIRST TIME** you were considered?



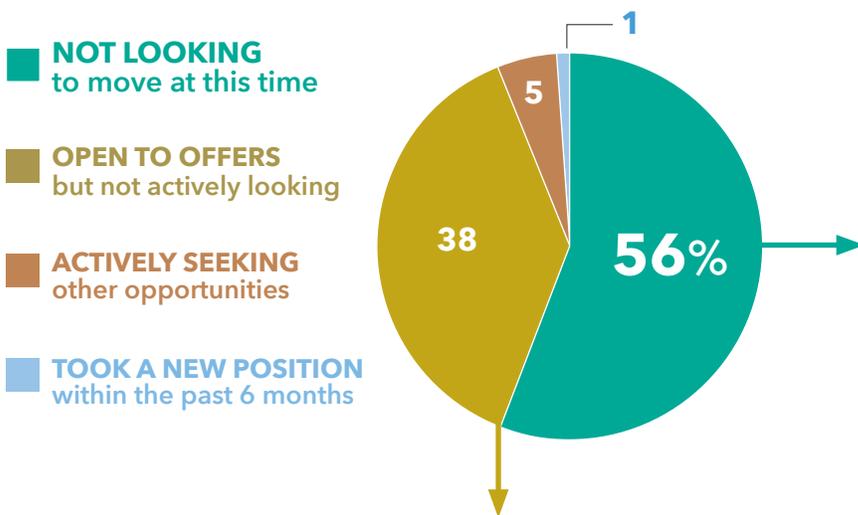
Do you expect to make **PARTNER THIS YEAR?**



Will you stay with your firm if you **DON'T MAKE PARTNER** this year?



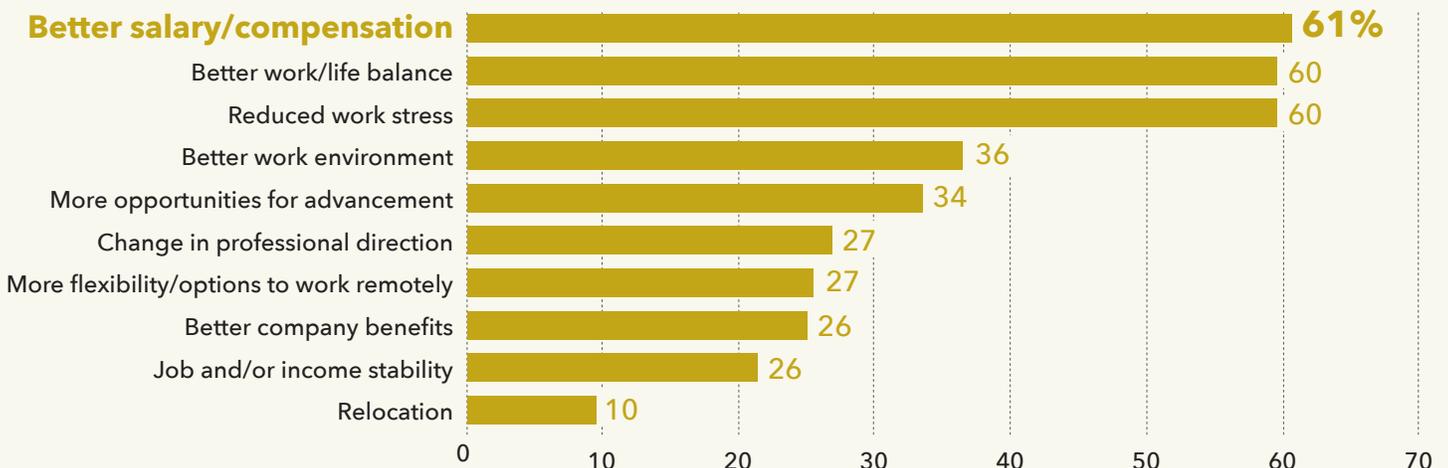
What is your **CURRENT JOB STATUS?**



Top reasons participants who aren't looking to leave **WANT TO STAY**:

<b>Job and/or income stability</b>	<b>69%</b>
Work environment and/or culture	64
Salary/Compensation	59
Flexibility/Remote work options	58
Location	48
Professional interests	42
Work/life balance	40
Company benefits	28
Advancement opportunities	24
Low work stress	15

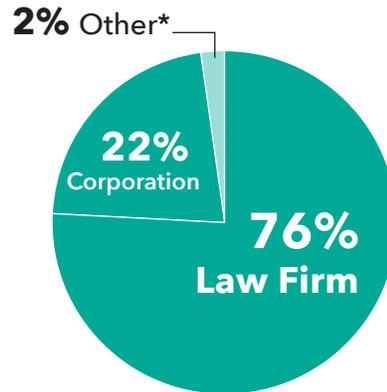
Top reasons that participants who are either open to or are actively seeking offers **WOULD CONSIDER LEAVING THEIR ORGANIZATION**:



## PROFESSIONAL TITLE

<b>Partner</b>	<b>41%</b>
Senior Associate	10
Mid-level Associate	10
Associate/Asst. Gen. Counsel	9
In-House Counsel	9
Counsel	8
Junior Associate	7
General Counsel	5
Attorney	3
Professor	<1

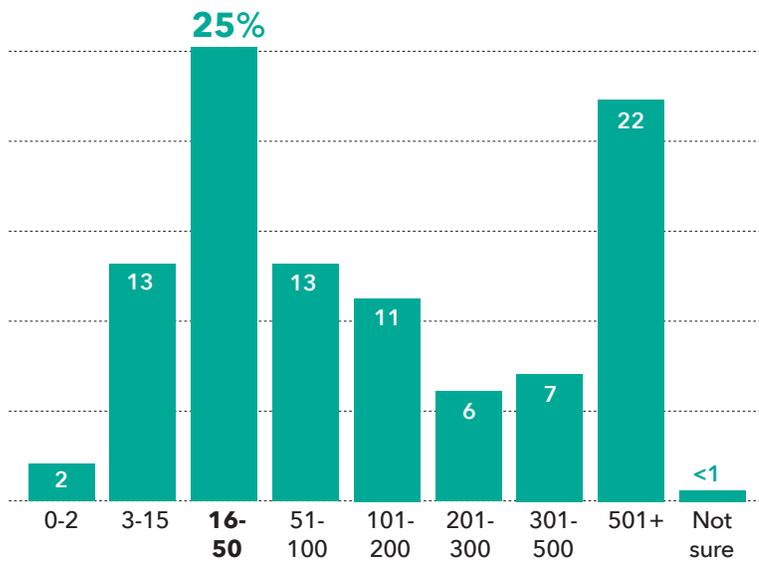
## TYPE OF ORGANIZATION



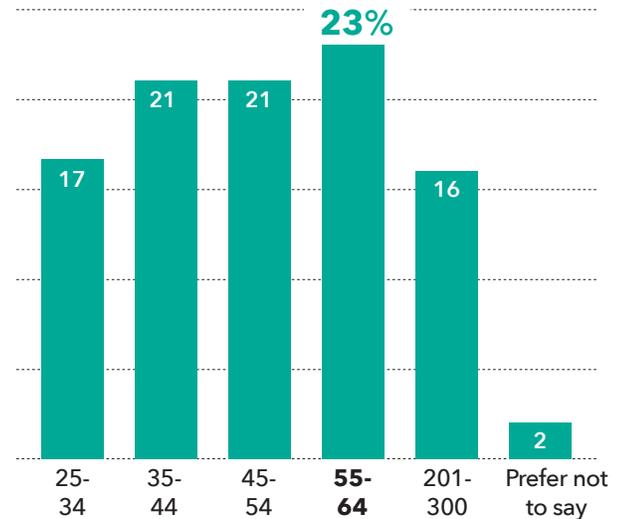
## YOUR AREA(S) OF LAW

<b>Litigation (Business/Tort)</b>	<b>45%</b>
Corporate	38
Commercial Contracts	38
Labor & Employment	34
Real Estate	31
Litigation (Other)	29
Insurance	24
Mergers & Acquisitions	23
Compliance	23
IP/Copyright & Trademark	22

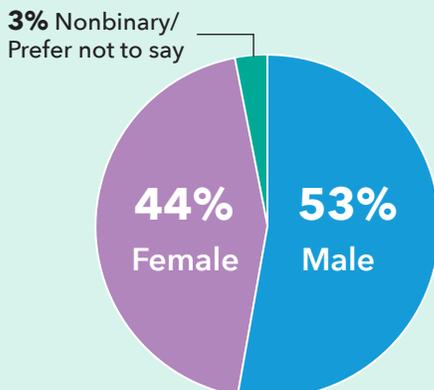
## NUMBER OF PRACTICING ATTORNEYS



## WHAT IS YOUR AGE?



## GENDER



## RACE / ETHNICITY

<b>White or Caucasian</b>	<b>86%</b>
Black or African American	3
Native American or Alaskan Native	1
Asian	4
Native Hawaiian or Pacific Islander	<1
Other/Prefer not to say	10

## LATINX /HISPANIC

<b>No</b>	<b>88%</b>
Mexican, Mexican American, Chicano/a/x	2
Puerto Rican	1
Cuban	2
Other Hispanic, Latino/a/x, or Spanish origin	2
Prefer not to say	6